Chit-O-Gram

Volume 3, Issue 3 May/June 2003

Cure for the Common Cold?

It has been six (6) months since I began using Chit-O-Power. My health was generally good, but I was very susceptible to colds and flu. This may be the result of a falling accident in which I damaged both ankles severely many years ago.

I was told that by taking the product, it should enhance my immune system and help the body more effectively "heal it". After taking the product for a short time, I began to feel better and noticed that I did not have the sniffles, fever and other symptoms associated with colds. This continued for approximately 3 months.

However, in January, I came down with a severe cold/flu. I was not bed ridden but really felt bad. It was suggested that I double the amount of Chit-O-Power for a two- week period to further boost my immune system. Sure enough, in about a week, it "knocked out" the cold/flu.

I have been back on my 1 capsule of 500mg daily but know that in the future that my remedy for the cold/flu will be Chit-O-Power!



That shellfish allergies come from the protein? When producing Chitosan Oligosaccharide, the protein and minerals are removed from the shell. That is why people who are allergic to shellfish can still take advantage of the many benefits of Chit-O-Power!

Some of the reasons why we take Chitosan Oligosaccharide . . .

Absorption of Minerals

Chitosan absorbs and excretes heavy metals and other metals which may cause nutritional problems. If an anemic patient takes Chitosan, he may suffer from iron deficiency; the elderly and the weak, mineral deficiency; and for women, porosis.

Chitosan Oligosaccharide, however, is easily absorbed into the system, enhancing absorption of essential minerals like calcium, iron, etc., and this property brings a solution to the mineral deficiency problem.

Effect on Blood Sugar

When Chitosan Oligosaccharide was given to a mouse with approximately 350ml/dl of blood sugar, its blood sugar reduced by about 54% to 190ml/dl. In the meantime, when no Chitosan Oligosaccharide was given to a mouse with the same blood sugar level, the level rose by about 30% to 520ml/dl. Therefore, it has been verified that Chitosan Oligosaccharide helps lower blood sugar level dramatically.

Activation of Intestinal Function

- Oligosaccharide activates lactobacilli existing in the intestines.
- Chitosan Oligosaccharide activates more lactobacilli than vegetal Oligosaccharide. Chitosan Oligosaccharide in the intestines exists in the form of cationic amino-oligosaccharide, which couples with anionic protein or carbohydrates in the stomach. And it inhibits bacteria from growing in intestines while accelerating the growth of lactobacilli.

THREE CONVENIENT SIZES:

- 100 MG (30 CAPSULES / 3GRAMS)
- 250 MG (30 CAPSULES / 7.5 GRAMS)
- 500 MG (60 CAPSULES / 30 GRAMS)

(SEE YOUR DEALER FOR DETAILS)

SOURCE INTERNATIONAL, INC. WW.CHITOPOWER.COM



FREQUENTLY ASKED QUESTIONS

Chit-O-Power provides you and your family the best the sea has to offer. It is a uniquely formulated dietary supplement containing Chitosan Oligosaccharide. Chit-O-Power is designed to enhance your body's immune system. This gives your body what it needs to naturally heal itself.

What is Chitosan Oligosaccharide?

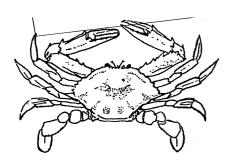
It is a **Functional Food** that is derived from the shells of shellfish. A functional food must have a minimum of two (2) of the following five (5) functions: fortification of immunity, the prevention of aging, the prevention of illness, and the recovery from illness and aid in controlling biorhythm. Research indicates that Chitosan Oligosaccharide contains all five (5) functions making it a Super Functional Food.

How is it made?

Chitosan Oligosaccharide is derived from a substance called Chitin (ki-tin). It takes approximately eight (8) pounds of shell to make one (1) pound of Chitin. Crushing the shell into a powder and then extracting the minerals and protein does this.

Is it safe?

Research has been ongoing for over twenty year's (20) in nineteen (19) countries including: Japan, The United States, Russia and France. In 1994 Japan's Ministry of Health declared Chitosan Oligosaccharide a Functional Food. Current applications include Dietary Supplements, Cosmetics, Surgical Sutures, Wound & Burn Dressings and Beverage Purification.



(continued)

Is it any wonder that millions of people use this amazing substance on a daily basis!

What is the difference between Chitin, Chitosan and Oligosaccharide?

Chitin is a polysaccharide that has a molecular length of approximately 5000 molecules. If this chain is "cut" to approximately 500 molecules you have Chitosan. Due to their molecular size, it is difficult for Chitin and Chitosan to be absorbed by the body. However, it is a great source of fiber and aids the digestive system. Oligosaccharide has an approximate molecular length of only five (5) molecules and is easily absorbed by the body. Chitosan has an added benefit of a positive charge enabling it to "grab" toxins. So, the power of Chitosan Oligosaccharide is its ability to be absorbed by the body and more effectively "grab" and remove toxins.

How does it help the body?

Unlike a medicine, Chitosan Oligosaccharide does not target a particular part of the body. Instead, it acts as an **Adaptogen, which** adjusts the whole body. There are more than 60 trillion cells in the human body. Chitosan Oligosaccharide activates the natural healing process. In essence, it is not what Chitosan Oligosaccharide does but what it allows your body to do, naturally.

What Makes Chit-O-Power different?

Quality, value and results are what sets Chit-O-Power apart from similar products worldwide. Chit-O-Power contains no unnecessary fillers or additives. The body receives only what it needs most, Chitosan Oligosaccharide, to naturally enhance the immune system. Packaged in a convenient two-piece capsule, Chit-O-Power, absorbs quickly and more completely. Affordably priced, Chit-O-Power makes available to everyone the ultimate health builder from the sea.